

# Forensic Psychiatric Hospital Haina, State of Hessen, Germany



## Presentation

Anna Buhl (social pedagogue Haina)

Michael Fritz (psychologist Haina)

Rainer Herd (head ward nurse Giessen)

Jessica Jamrowski (psychologist Haina)

# Presentation Structure

- **Part I: Law & Legal Issues**  
Legal base in the state of Hessen;  
important court procedures
- **Part II: Clinical Practice**  
General treatment concepts & longstay  
practice; security system; current statistics
- **Part III: Longstay Wards Haina & Giessen**  
Longstay setting & staff; treatment concepts;  
patient data (number, age, diagnosis, crimes)
- **Part IV: Longstay Problems & Discussion**

# I. Law Issues

- Treatment of all mentally disordered offenders who receive hospital orders in the state of Hessen
- Patients can only be charged and discharged due to an order of a court

# I. Law Issues

## Penal code:

### 3 conditions for a hospital order sentence

- Severe criminal act with criminal intent
- ‘Irresponsibility’ or ‘severely diminished responsibility’ during the criminal act due to a mental disorder
- High risk of re-offending due to the mental disorder

# I. Legal Issues

## Hospital order sentence

- Unlimited detention
- Annual review by the court
- Every 5 years: forensic advice by an external expert

# I. Law Issues

## **G6.1 / G6.2:**

„At this time, we recommend further forensic treatment under the terms of § 63 StGB.“

# I. Law Issues

## Discharge

***...if it can be assumed, that there are no further crimes***

- Preparation and organisation by the forensic hospital (e.g. practice living in the further environment for 6 months)
- Usually 5 years of probation conditions
- Aftercare clinic provided by the forensic hospital
- Probation service

# I. Law Issues

- Admission and discharge from forensic hospitals  
→ *penal code (federal law)*
- Legal foundations of treatment during a hospital order sentence  
→ *state law (16 states → 16 laws)*

**Hessen: improvement and security**

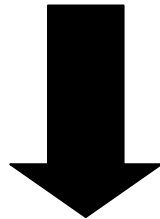
# I. Law Issues

- There is no specific law in Hessen that applies to the special treatment of „longstay“- patients

=> the forensic hospital has to manage the problem of longstay offenders on its own

## **II. Clinical Practice General Security System = 8 Levels**

**0 → Admission ward**



**8 → (highest) “open prison”; holidays to 6 months per year maximum → preparation of discharge**

## II. Clinical Practice General Treatments

- **Somatic therapy:** Psychotropics; hormonal off-label products to damp sexual drive of sex offenders and paedophiles
- **Physical therapy:** Physiotherapy + sports
- **Occupational therapy:** Cabinetmaking, industrial manufacturing, painter's & potter's shop etc.

## II. Clinical Practice General Treatments

- **Sociotherapy:** Primary nursing concept, social activities (in & outside ward within security levels)
- **Psychotherapy:** Cognitive behavioral approach (intern & cross ward groups + individual)
- **Offender Therapy:** Reasoning & Rehabilitation (cognitive behavioral program designed to teach offenders prosocial cognitive skills & values; Ross et al.1988)

## II. Clinical practice: Longstay

...if all treatment approaches  
won't succeed...

➔ **LONGSTAY**



## **II. Clinical practice: Longstay Patients**

### **PURPOSE:**

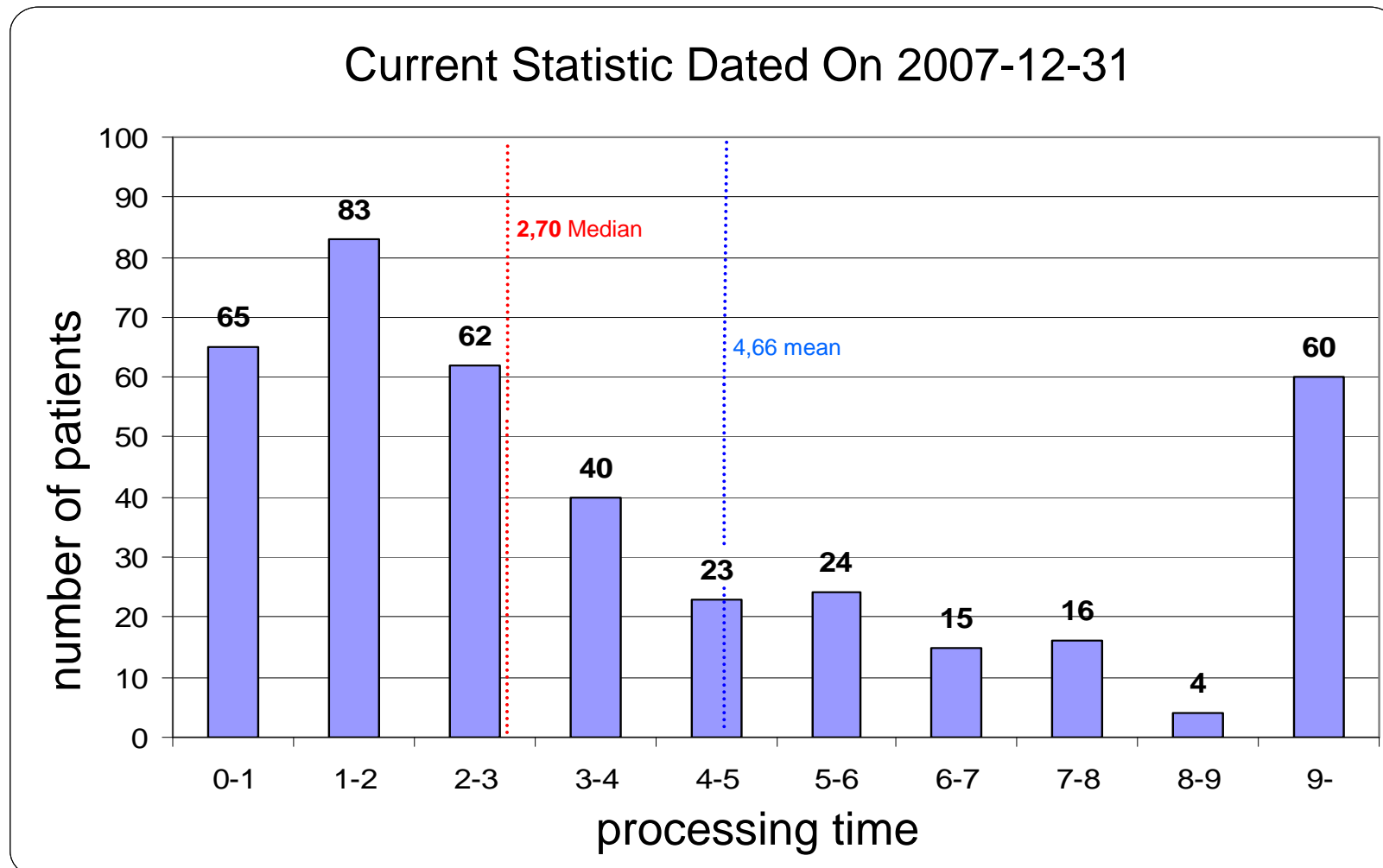
- grouping patients with difficult therapy progress and failed release trials
- grouping patients with no or yet not foreseeable perspective & negative legal prognosis

### **PROBLEMS:**

- only 2 wards which are officially designated as longstay, but placement need is in fact higher
- additionally there are specialised wards for patients who need a highly secured setting

## II. Clinical Practice General Length of Stay

➔ Statistical Facts: General Length Of Stay From KffP Patients



# III. Longstay Wards Haina

## HOUSE Nr. 6



# III. Longstay Wards Haina

**House Nr. 6:** Was renovated 2006

**General Concept: Medium-secured** wards for patients with **mixed diagnoses** and a small or yet not foreseeable release perspective

**G 6.1:** Patients up to level 5 and higher

**G 6.2:** Patients to level 4 - 5 maximum

**Each ward fit 16 patients + 1 extra bed**

### III. Longstay Wards – Staff

- **Nurses:** Approximately **14** nurses per ward
  - 1 male senior nurse; 1 deputy + - 8 male and 6 female nurses (dayshift 3, nightshift 2, at least 1 male)
- **Therapists:** **2** therapists per ward
  - 6.1 = 1 female social pedagogue; 1 male psychologist
  - 6.2 = 1 female and 1 male psychologist
- **Medical Clinicians:** **2** physicians per ward
  - 1 senior physician (psychiatrist) for weekly ward round
  - 1 ward physician in medical attendance (daily short consultation, weekly consultation-hour for patients)

# III: Longstay Wards – Socio- & Psychotherapy

...aiming to support patients **independence within the limits** of the security level...

- Weekly ward meetings, cooking & game groups
- Shopping trainings in Haina and other towns
- Visits of relatives & friends

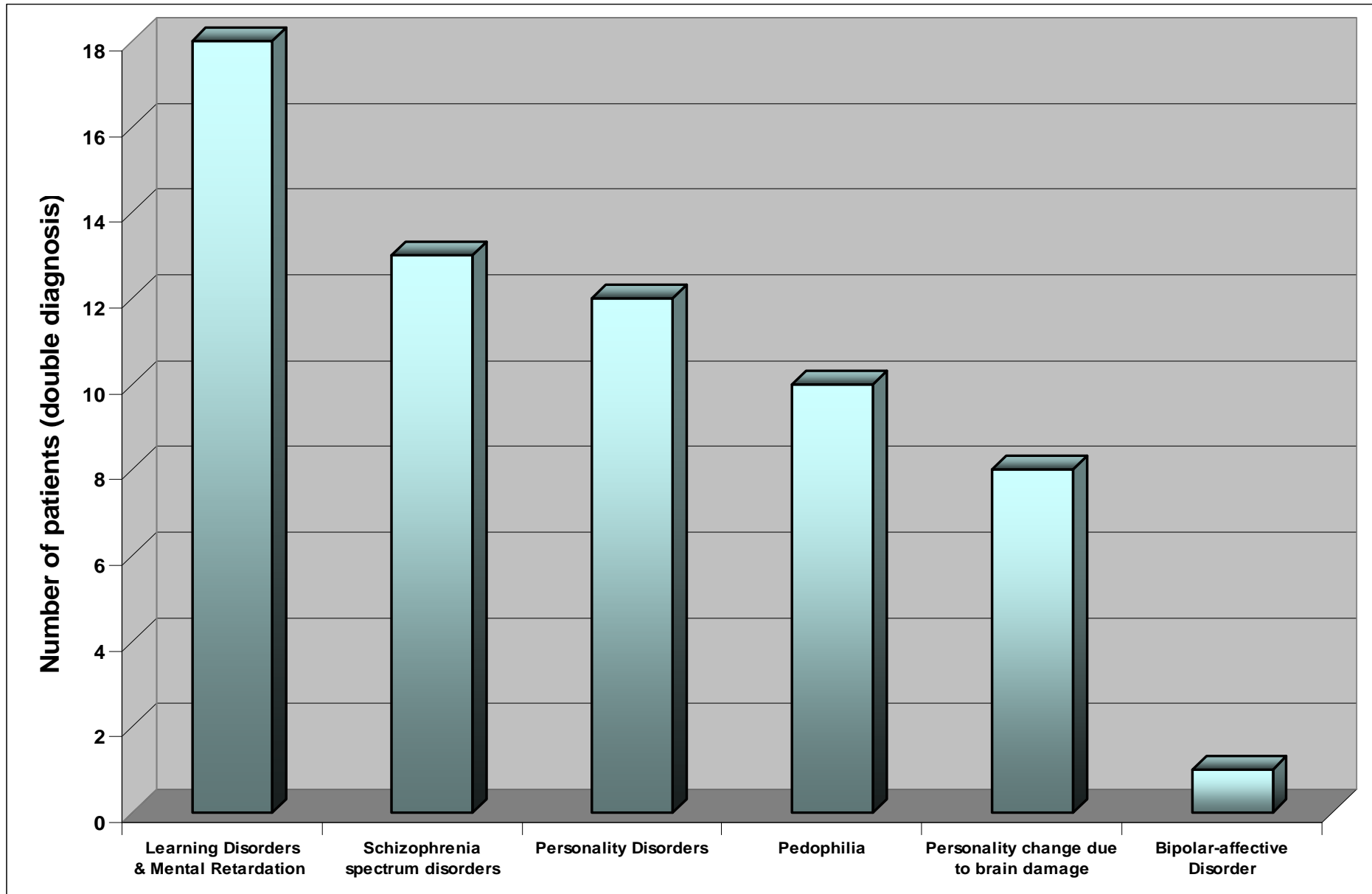
...offering low threshold **cognitive behavioural psychotherapy** (individual 1h/week; groups)...

- Stabilize patients, prevent severe frustration, aggression & depression
- Treat disorders & criminal factors (as designated by court and law)

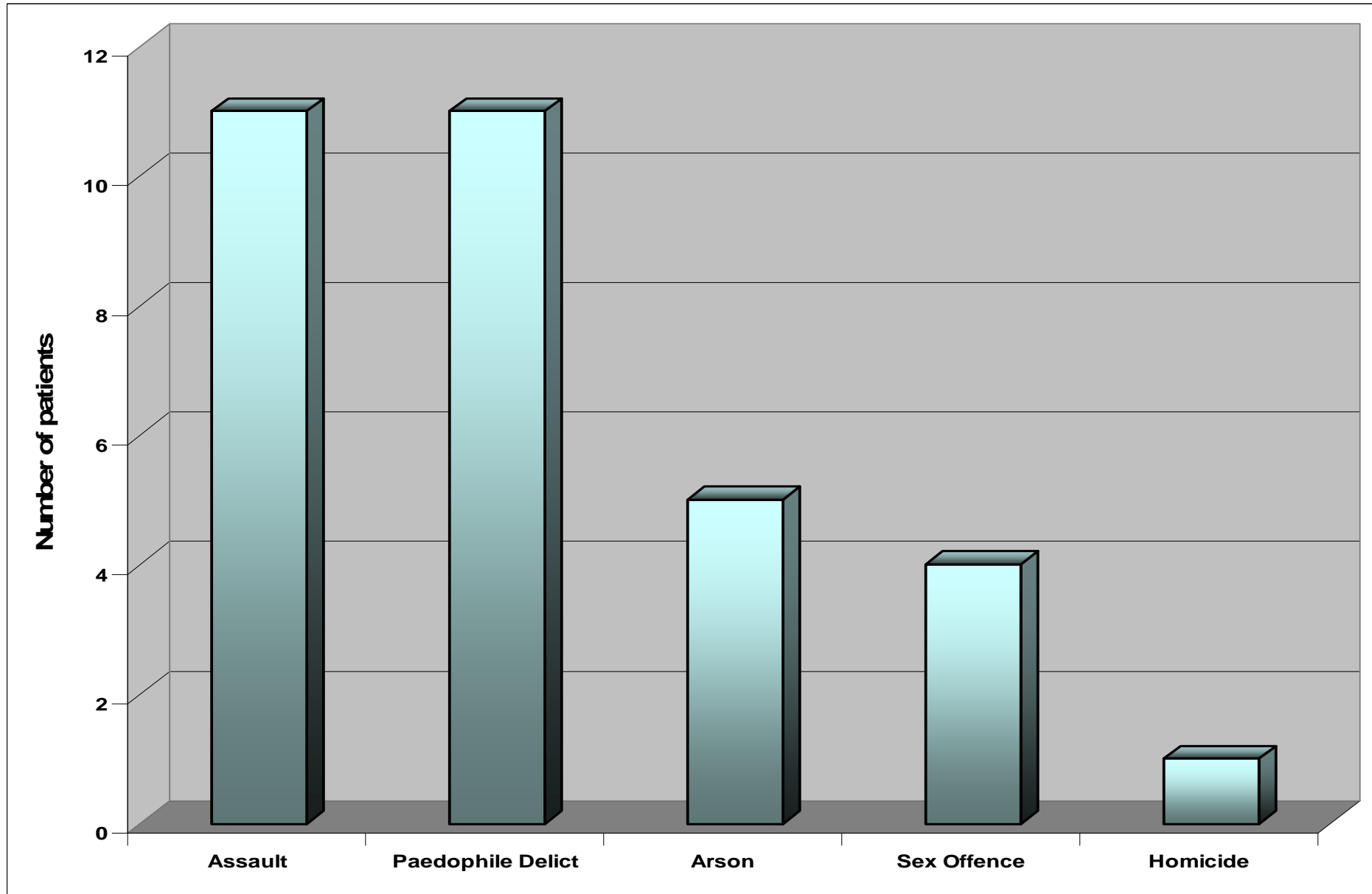
### III. Clientele – Number & Age

- **NUMBER:**  
32 patients (16 at each ward)
- **RANGE:**  
youngest = 28 years; eldest 75 years
- **MEAN:**  
48 years

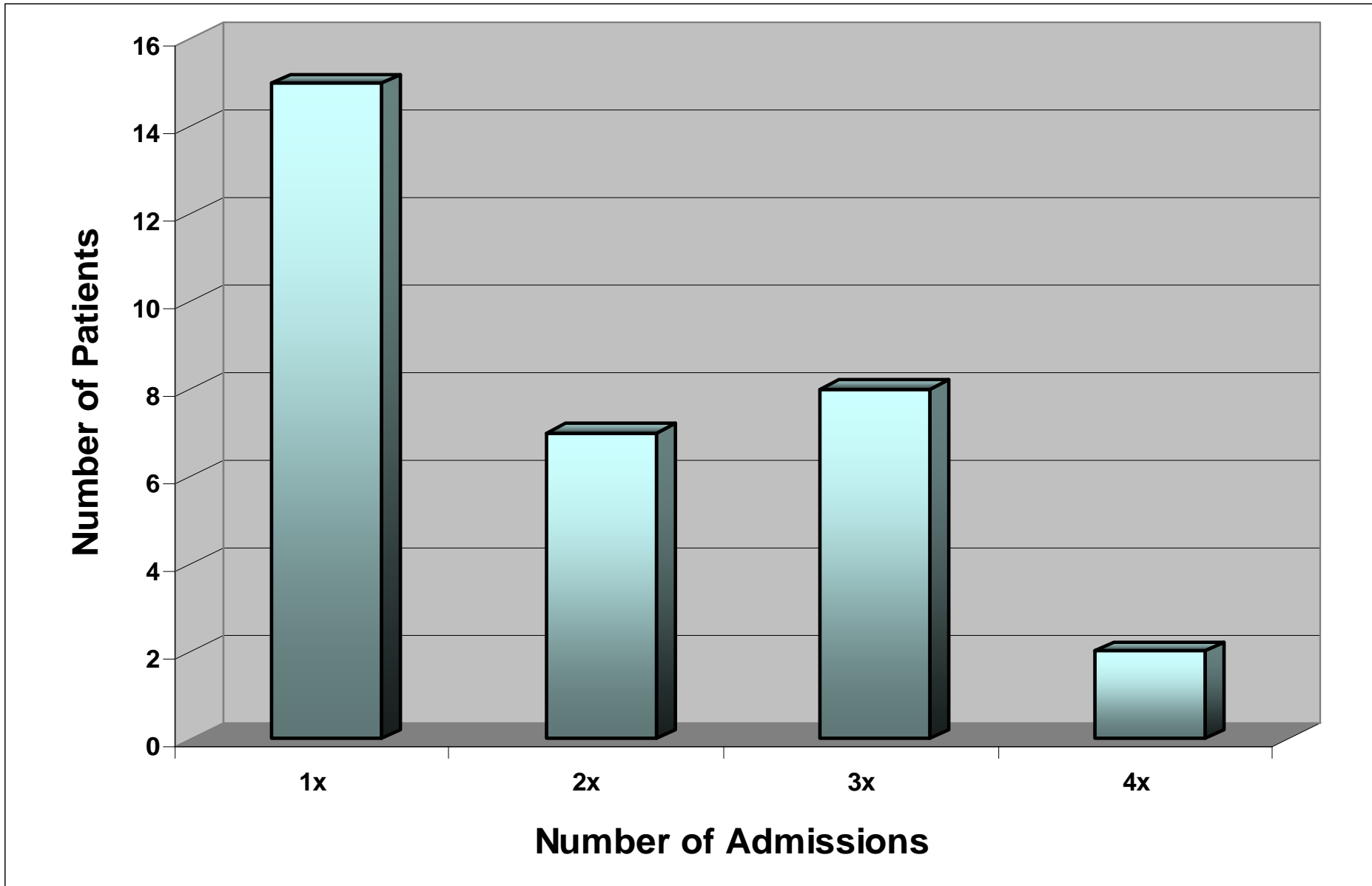
# III. Clientele – (Double) Diagnosis



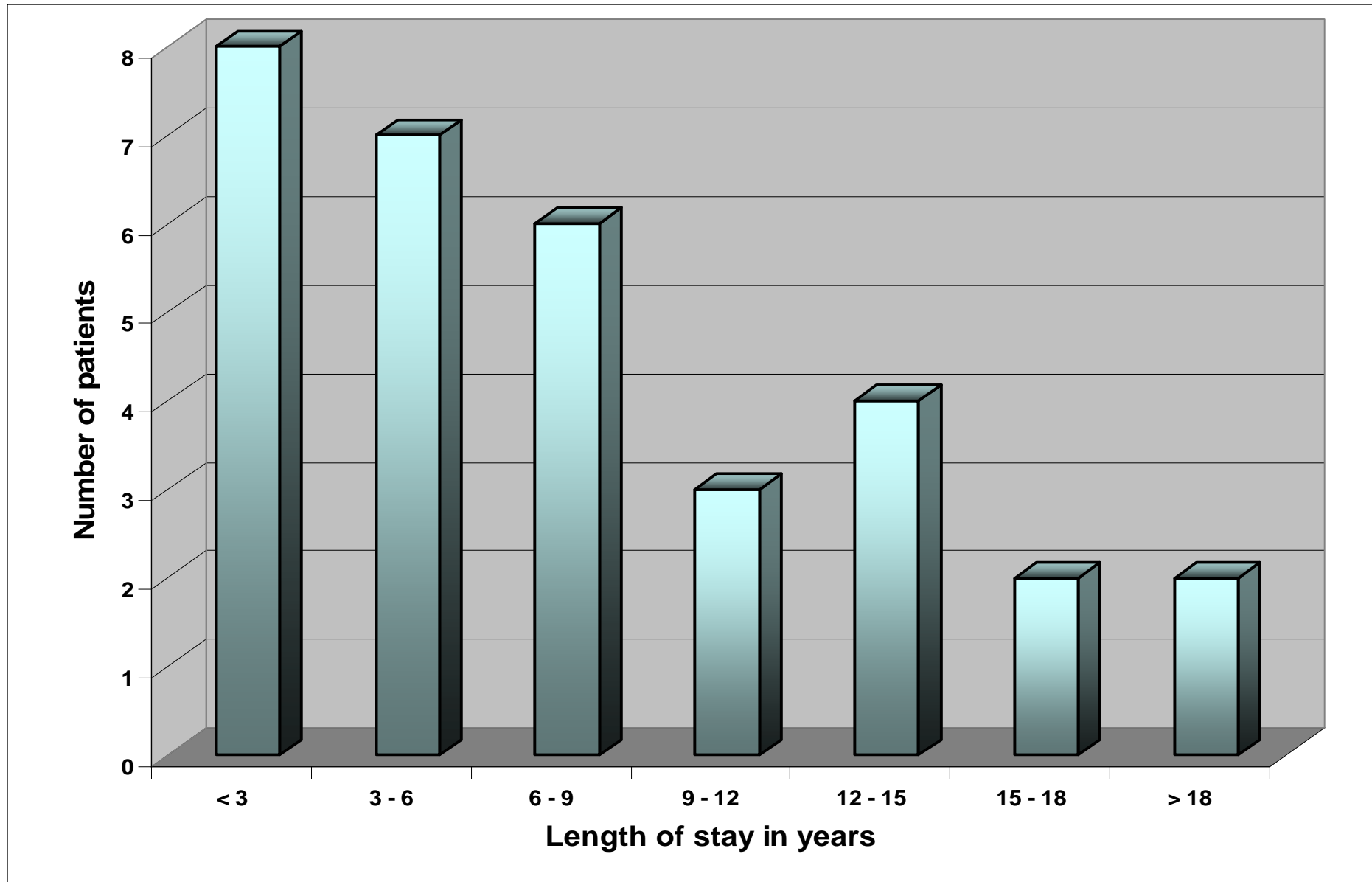
# III. Clientele – Crimes



# III. Clientele – Number of Admissions



# III. Clientele House Nr. 6: Length of Stay



# V. Some Longstay Problems - Patients

- lack of **prospects**
- **aggression, resignation & depression**
- no or few **longstay specific treatment concepts**
- difficulties to accept **boundaries** (distance & vicinity relation, considering time spent with staff → sometime more than 20 years)
- **loss** of daily living **abilities** and social **competence**
- **loss** of social **contact outside clinic**

# V. Some Longstay Problems - Staff

- **frustration & resignation → burn-out risk**
- **no longstay specific staff trainings**
- **difficulties to set clear boundaries**
- **high medical nurse effort** and time to take care of **elderly & somatically sick patients**
- **low reputation** (longstay=ultimate destination for patients; easy, little challenging job for staff) & **little recognition**
- sometimes **discrepancy** between **patient reality** & **legal assignment** (in Germany) to treat the disorders and criminal factors

# Haina Forensic Psychiatric Hospital

- **Website (English)**

[http://www.psych-haina.de/kffp\\_engl/index.html](http://www.psych-haina.de/kffp_engl/index.html)

- **Contact Address:** Forensic Psychiatric Hospital - ZSP Haina gGmbH, Landgraf-Philipp-Platz 3, 35114 Haina (Kloster), Germany. Phone: +49-06456-91-0

Forensic Psychiatric Hospital - Außenstelle Gießen: Licher Strasse 106, 35394 Giessen, Germany. Phone: +49-0641-49950

- **Medical Director: Mr. Dr. Mueller-Isberner**
- **Senior Psychologist: Mr. Gretenkord**
- **Nursing Director: Mrs. Gaertner**

- **Presentation Longstay by:**

- Anna.Buhl@psych-haina.de
- Michael.Fritz@psych-haina.de
- StationG73@psych-haina.de (to Rainer Herd)
- Jessica.Jamrowski@psych-haina.de